Christopher Bolestridge, RN

Bargaining Unit President | ONA Leader | Provincial Negotiations Representative | Member Advocate

---

PROFESSIONAL PROFILE

Registered Nurse, educator, union leader, and healthcare advocate with more than 20 years of experience in healthcare, labour relations, and member advocacy. Recognized for collaborative leadership, strategic thinking, and a commitment to advancing the interests of nurses and healthcare professionals.

ONTARIO NURSES' ASSOCIATION LEADERSHIP

Bargaining Unit President

Elizabeth Centre Long-Term Care | 2022-Present

Provide leadership and representation for bargaining unit members while advancing workplace advocacy, labour relations, professional practice, and member engagement initiatives.

Key Responsibilities & Areas of Involvement

- Grievance investigation and resolution
- Return-to-work planning and workplace accommodation
- Professional practice advocacy
- Occupational health and safety leadership
- Labour-management relations
- Collective bargaining preparation and negotiations
- Collective agreement interpretation and enforcement
- Member advocacy, education, and engagement

Local 013 Vice Coordinator

2024-Present

Support Local governance and strategic planning while fostering collaboration among bargaining units and supporting member engagement initiatives.

Responsibilities

- Leadership development
- Organizational planning
- Communication initiatives
- Member engagement
- Local coordination and support
- Strategic planning activities

Region 1 Member Representative

Legal Expense Assistance Plan (LEAP) Committee | 2026-Present

Represent Region 1 members on the provincial LEAP Committee by providing frontline perspectives related to member support, legal assistance services, and opportunities to improve awareness and access to available resources.

Responsibilities

- Evaluating member support needs
- Providing regional feedback
- Supporting continuous improvement initiatives
- Promoting awareness of LEAP resources and services
- Bringing bargaining unit and member perspectives to committee discussions

---

Provincial Negotiations Experience

Region 1 Nursing Home Provincial Negotiations Representative (2024, 2026)

2024

Represented Region 1 members during provincial collective bargaining discussions affecting nursing home nurses across Ontario.

Previous ONA Leadership Roles

Health Sciences North Unit Representative

2017-2020

Represented members regarding workplace concerns, labour relations matters, and collective agreement interpretation.

Health Sciences North Alternate Joint Health & Safety Representative

2020-2021

Participated in workplace inspections, investigations, and health and safety initiatives while promoting safe working environments for healthcare professionals.

ADVOCACY & POLITICAL ACTION

Actively involved in regional and provincial initiatives that support nurses, strengthen member engagement, and advocate for improvements within the healthcare system.

Advocacy & Member Engagement

- Organizer and Co-Organizer of regional nursing home advocacy campaigns and pickets
- Participant and marshal for hospital advocacy events
- Member outreach and engagement initiatives
- Province-wide member mobilization campaigns
- Advocacy efforts supporting improvements to working conditions and resident care
- Political action initiatives supporting both hospital and long-term care sectors

---

PROFESSIONAL EXPERIENCE

Elizabeth Centre Long-Term Care

Day Shift Charge Nurse

October 2021-Present

- Provide clinical and operational leadership within a 128-bed long-term care facility.
- Coordinate resident care delivery and interdisciplinary team activities.
- Mentor nursing staff while supporting excellence in resident care.
- Co-Chair of the Joint Health and Safety Committee.
- Lead workplace safety initiatives, investigations, and risk mitigation activities.

Cambrian College
Casual Instructor
November 2025-Present

- Co-Developer of a Continuing Education IV Therapy Program.
- Primary Instructor responsible for curriculum delivery and learner evaluation.
- Support continuing education and professional development opportunities for healthcare professionals.

Bayshore Home Health
Home Care Nurse
April 2013-November 2021

Delivered community nursing services including:

- Home care nursing
- Infusion therapy
- Palliative care
- WSIB property occupational therapy assessments
- Client care coordination
- Collaboration with community partners and interdisciplinary teams

---

Health Sciences North
Staff Nurse
April 2011-June 2021

Clinical practice areas included:

- Cardiovascular & Thoracic Intensive Care Unit
- Regional Cancer Centre
- Day Surgery
- Northern Nursing Relief Team
- Crisis Services
- Cardiology
- Paediatrics

The Ottawa Hospital
Staff Nurse
October 2005-March 2011

Clinical practice areas included:

- Medical-Surgical Intensive Care Unit
- Emergency Department
- Quality Assurance
- Cardiology Drug Research Nurse, Ottawa Hospital Research Institute

---

Children's Hospital of Central California
Paediatric Intensive Care Unit Staff Nurse
July 2004-October 2005

Provided specialized care for critically ill pediatric patients in a tertiary care environment.

VOLUNTEER LEADERSHIP

Canadian Ski Marathon

On-Site Operations Manager | 2017-Present

Lead volunteer coordination, logistics management, safety planning, and operational activities for one of Canada's premier cross-country ski events.

Previous Roles

- Checkpoint Volunteer (1993-2000)
- Checkpoint Captain (2000-2004)

Scouts Canada

More than 25 years of volunteer leadership experience focused on youth development, mentorship, emergency services, operational leadership, and organizational governance.

Leadership Roles

- Volunteer Leader, 28th Ottawa Scouts (1997-2004)
- Volunteer Leader, Ottawa Medical Venturers (2005-2007)
- Volunteer Leader, 23rd Sudbury Scouts (2012-2019; 2023-Present)
- Group Commissioner, 23rd Sudbury Scouts (2019-2023)
- Medical Lead, Canadian Contingent to the Icelandic National Jamboree (2023-2024)

Additional Contributions

- International expedition leadership
- Regional committee representation
- Leadership development and mentoring
- Youth mentorship and coaching
- Program development and event support

St. John Ambulance

Leadership Positions

- Ottawa Regional Training Coordinator (2006-2011)
- Sudbury Medical First Response Group Coordinator (2012-2015)
- Northeast Ontario Operations Officer (2015-2017)

Additional Responsibilities

- Officer in Charge of event medical services
- Advanced Medical First Response Instructor-Trainer
- Basic Cardiac Life Support Instructor-Trainer
- Competition organizer, coach, judge, and competitor at regional, provincial, and national first aid competitions
- Medical planning and coordination for large public events

SKILLS & ATTRIBUTES

Experienced union leader, educator, and advocate with a collaborative leadership style grounded in integrity, accountability, and member-focused representation.

Labour Relations & Advocacy

- Collective bargaining and negotiations
- Grievance resolution and collective agreement interpretation
- Return-to-work and workplace accommodation
- Professional practice, health and safety, and LEAP advocacy

Leadership & Governance

- Strategic planning and governance
- Stakeholder engagement and relationship building
- Leadership development, mentorship, and change management

Communication & Engagement

- Public speaking and presentations
- Negotiation and mediation
- Member engagement, education, and mobilization

Professional Attributes

- Collaborative and respected leader
- Strong advocate and trusted mentor
- Ethical, accountable, and solutions-focused
- Committed to equity, fairness, and professional excellence
